

QUARANTINE/ISOLATION – CDC GUIDANCE UPDATED AS OF JANUARY 20, 2022
PER CDC.GOV

Quarantine: If you were exposed to someone with COVID-19. Quarantine periods are calculated beginning on the first full day away from exposure (i.e. close contact with COVID-infected person on Tuesday, Wednesday is Day 1).

- **Persons “up to date” on vaccine (including booster if eligible):**
 - No quarantine necessary if no symptoms
 - If symptoms develop, isolate immediately and get tested
 - Even if no symptoms, get tested after 5 days
- **Persons not “up to date” on vaccine (unvaccinated/not boosted):**
 - Quarantine for five days
 - If no symptoms, get tested after five days and if negative, return to work
 - If symptoms develop, isolate immediately and get tested
- **Persons who have had a confirmed COVID-19 case within the past 90 days (using a viral test):**
 - No quarantine necessary if no symptoms
 - If symptoms develop, isolate immediately and get tested. Stay home until test results received.

Isolation: Persons who have tested positive for COVID-19. Day 1 is the first full day after symptoms developed OR test specimen collected.

- **Regardless of vaccination status:**
 - Isolate for 5 days
- **Isolation ends depending upon symptoms:**
 - If no symptoms, end isolation after 5 days
 - If had symptoms, end isolation after 5 days if person is (1) fever free for 24 hours without fever-reducing medication and (2) symptoms are improving